

# Sport



Applied sport science

Exercise and sport science

Exercise physiology

Health and physical  
education

Health sciences

Physical activity and health

Sport coaching

Sport development

Sport management

Sports nutrition

Strength and conditioning

# Study with Australia's best

Join the sport science school ranked #1 in Australia and #3 in the world<sup>1</sup> and take up any one of our diverse courses, from exercise and sport science and sport management, through to sport development and business. You'll get hands-on learning in our world-class sport facilities and through industry placements so you can hit the ground running, whichever career path you choose.

<sup>1</sup> Shanghai Ranking's Global Ranking of Sport Science Schools and Departments 2020.

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Published by Deakin University in March 2021. While the information published in this guide was accurate at the time of publication, Deakin University reserves the right to alter, amend or delete details of course offerings and other information published here. For the most up-to-date course information, please view our website at [deakin.edu.au](https://deakin.edu.au).

Deakin University CRICOS Provider Code: 00113B

## Your future in sport

### Get set for a successful career

Career outcomes in the sporting industry are exciting and diverse. Deakin offers you the opportunity to gain a world-class qualification in a country that's globally renowned for high achievement in sport. With the increase in obesity and chronic disease rates in Australia and around the world, the emphasis on physical activity and participation in exercise and sport continues to grow and dominate modern approaches to sustaining a healthy lifestyle.

### Explore our industry connections

Gain the practical experience and skills to pursue a successful career in sports-related professions. Our staff have close links with industry and relationships with organisations that ensure our courses are up-to-date with industry trends. We have strong ties with organisations including:

- AFL
- Australian Institute of Sport
- Baker Heart and Diabetes Institute
- Barwon Sports Academy
- BioLab
- Core Advantage
- Cricket Australia
- Deakin Melbourne Boomers
- Disability Sports Australia
- Eastern Football Netball League
- Geelong Cricket Club
- Geelong Football Club
- Netball Australia
- Netball Victoria
- Physical Activity Australia
- Rise Health Group
- Tennis Australia
- VicHealth
- VicSport
- Victorian Institute of Sport
- Werribee Football Club
- YMCA Australia.

### Graduate job ready

Our Bachelor of Exercise and Sport Science and combined courses feature 220 or more hours of practical experience, which goes beyond the minimum requirements of Exercise and Sports Science Australia (ESSA), meaning graduates embark on their careers with an advantage.





# Your future in sport

## #1 Victorian university for student satisfaction

Year on year, our students are the most satisfied students of all Victorian universities.<sup>1</sup> We've ranked this highly for the past 10 years, with students being particularly happy with our:

- teaching
- learning resources
- student support
- skills development
- learner engagement.

<sup>1</sup> Australian Graduate Survey 2010–2015, Graduate Outcomes Survey 2016–2019 (GOS), Quality Indicators for Learning and Teaching (QILT).

## Join our Peer Mentoring Program

Sign up for one of the peer mentoring programs in your first year at Deakin to get support and guidance from more senior students in your course. You'll learn about the support services and facilities available, while gaining useful tips about studying at Deakin.

[deakin.edu.au/health-mentoring](https://deakin.edu.au/health-mentoring)

Deakin works closely with the Deakin Melbourne Boomers in sports science, high performance management and athlete development.

## A home for elite athletes

We're dedicated to supporting elite athletes to achieve academic success alongside the demands of training and competition. That's why Deakin is a member of the Elite Athlete Education Network (EAEN).

We offer student athletes:

- flexibility around assessment deadlines, and lecture and tutorial attendance
- leave of absence arrangements so they can meet their sporting commitments
- extensions on the time normally allowed to complete a course.

Plus, with access to the Geelong Waurun Ponds Campus' Elite Regional Sports Precinct and Melbourne Burwood Campus' Specialised Indoor Exercise and Sport Science Building, you can take advantage of our:

- MCG-sized AFL oval
- FIFA-grade soccer pitch
- eight-lane IAAF 400-metre athletics track
- climate chamber that simulates extreme conditions
- 16-piece cardio area and open group fitness area
- motion-capture systems and specialised AV equipment.

As well as accessing study support, elite athletes can apply to Deakin under an adjustment scheme.

[deakin.edu.au/elite-athlete-program](https://deakin.edu.au/elite-athlete-program)

## Learning at Deakin through COVID-19 and beyond

As a leader in digital learning, we know our students value Deakin's connected and engaging online study environment and we also understand that many students value attending campus. At Deakin, you can be confident of not just a COVIDSafe environment, but a tailored, collaborative learning experience for each course, designed to achieve the best possible combination of online and on-campus activities whilst adhering to government regulations.

Dynamically delivered, world-class learning – it's what Deakin does best. Find out more at [deakin.edu.au/learning-at-deakin-through-covid-19](https://deakin.edu.au/learning-at-deakin-through-covid-19).

## World-class sporting facilities

The Elite Regional Sports Precinct, based at the Geelong Waurun Ponds Campus, is the go-to for elite athletes, like the Geelong Cats AFL team, and student-based clubs like the Deakin Ducks Football Club. As well as world-class training facilities, the precinct offers students placement opportunities, providing career pathways into the sport and education industries.

[deakin.edu.au/sport-at-deakin/sport-facilities](https://deakin.edu.au/sport-at-deakin/sport-facilities)

## Industry-leading research

Our Centre for Sport Research (CSR) focuses on improving the health and performance of people and organisations participating in sports.

As well as promoting sport and exercise, CSR conducts research that informs policy and influences the fields of exercise, sport science, development and sport management.

Our courses are built on a foundation of industry and community partnerships, as well as sport and exercise science services, which means you'll graduate with the practical skills to gain a head-start in your career.

[deakin.edu.au/csr](https://deakin.edu.au/csr)

## Our research makes a real-world difference

Hosted by the School of Exercise and Nutrition Sciences, the Institute for Physical Activity and Nutrition (IPAN) focuses on reducing the rates of chronic disease through nutrition and physical activity research excellence while fostering the next generation of research stars.

Our research in nutrition and physical activity spans basic metabolism and physiology, through to clinical and behavioural studies, and community and population-based research. Research from IPAN feeds directly into the development of our undergraduate and postgraduate courses, which means you'll graduate with knowledge from the cutting edge of science.

[deakin.edu.au/ipan](https://deakin.edu.au/ipan)



# Disciplines

Take a look through our disciplines (also known as study areas) to choose the area you're passionate about. Knowing which discipline you're interested in helps career advisers find the best course for you. Corresponding courses are featured in the following pages, so you can learn more about what you'll study, available work experience opportunities and the types of careers you could pursue. Visit [deakin.edu.au](https://deakin.edu.au) for detailed discipline and course information, including a description of the units within each degree.

## Applied sport science

Apply scientific thinking to solve problems and generate insights in sport. Study this area of sport if you aspire to work as a sport scientist in real sporting settings, such as community sport, junior sport, and high performance sport.

## Exercise and sport science

Apply knowledge and skills in exercise and sport science to improve the performance, health and participation of individuals, athletes and teams through training, coaching and advice.

You'll develop the expertise to become a professional leader in exercise and sport science, and have the opportunity to study the biology, technology, behaviour and best practices that underpin exercise and sport science.

## Exercise physiology

Develop the expertise to monitor and interpret physiological responses during exercise, and gain job-ready skills with hands-on, practical experience using a range of laboratory techniques. The knowledge and skills gained in this area of study are relevant for further postgraduate study such as honours degrees, higher degrees by research and Deakin's Master of Clinical Exercise Physiology.

## Health and physical education

Develop the skills, knowledge and understanding to become a qualified secondary school health and physical education teacher. You will also gain a third teaching specialisation that will expand your employment opportunities. Choose from disciplines including biology, chemistry, dance, drama, mathematics, English, home economics and history.

## Health sciences

If you're looking to discover your passion in the health industry, a course in health sciences allows you to create a qualification that suits your aspirations. Become a specialist in the health sector by hand-picking study areas that fascinate you.

## Physical activity and health

Understand how behaviour influences health and learn how to increase community and individual participation in physical activity. Explore the evidence of the independent roles physical activity and sedentary behaviour play in chronic disease.

## Sport coaching

Develop leadership skills for sports coaching and instruction, underpinned by sport science, pedagogy, personal development, and real-world coaching experience.

You'll acquire essential skills that employers value, including planning, organisation, presentation, evaluation, and problem solving. Developed with national sporting organisations, elite coaches and expert academics, this study area offers the latest in innovative coaching theory and practice.

## Sport development

Study sport development for its unique focus on three areas: sport management and marketing, coaching and exercise, and sport science. It centres on the development of sport and community development through sport, by both increasing participation in sport and developing pathways to attract, retain and nurture sport participation.

This study area is only available through our Bachelor of Sport Development.

## Sport management

Combine your passion for sport with relevant business skills to help you perform at a high level and excel in the sport industry. A degree in sport management can help you become a sport manager who can lead organisations across a range of activities, including the development and management of professional sport competitions, major events, and programs that encourage community participation.

This study area is only available through our Bachelor of Business (Sport Management).

## Sports nutrition

Help elite athletes get the most out of their bodies and achieve peak performance through food and nutrition. If you enjoy food preparation, health and wellbeing – and have great communication skills – a career in sports nutrition could be for you.

## Strength and conditioning

Understand the theoretical knowledge and technical competencies required to develop and deliver evidence-based strength and conditioning programs for a range of individuals including the general population, those with specific needs, and athletes.

## Australia's #1 university career service<sup>1</sup>

From day one at Deakin, and well into the future after graduation, our award-winning career service – DeakinTALENT – will prepare you for the jobs of tomorrow. You'll have lifetime access to career coaching, industry networking opportunities and a comprehensive suite of digital resources that will help you become the most employable version of yourself.

[deakintalent.deakin.edu.au](https://deakintalent.deakin.edu.au)

<sup>1</sup> Australian Graduate Recruitment Industry Awards 2017, 2018, 2019 winner for most popular career service in Australia.

## Be rewarded for your hard work

A Deakin scholarship is more than just a financial boost. It is our chance to acknowledge your accomplishments and reward your hard work, setting you on the path to success at university.

Our extensive scholarship program includes three key scholarships:

- Vice-Chancellor's Academic Excellence Scholarship
- Deakin Scholarship for Excellence
- Deakin Student Support Scholarship.

We also offer a range of donor and government-funded scholarships. Each is unique with differing criteria, rewarding aspiring students from diverse backgrounds.

[deakin.edu.au/scholarships](https://deakin.edu.au/scholarships)



The Deakin Clinical Exercise Centre is an exercise physiology clinic where supervised students meet real clients, conduct assessments and create exercise and lifestyle programs.



# Courses

## Bachelor of Business (Sport Management)

M391 C NP B 77.05 3 T1, T2, T3<sup>1</sup>

Make your mark behind the scenes in the dynamic sports industry through Deakin's Bachelor of Business (Sport Management). You'll develop the skills required to manage sport organisations, coordinate sporting competitions and major events, and work in community-based sporting programs. With the increased professionalism of sport, you'll learn how to manage the business side of sport, with specialised training in sport marketing, finance, management and law. You can also build your expertise with a complementary business major.

Deakin code	S342	Cloud (online)	C
ATAR	70.00	Melbourne Burwood Campus	B
Course duration in years	3	Geelong Waterfront Campus	WF
Trimester	T	Geelong Warrn Ponds Campus	WP
		Warrnambool Campus	WB

### Careers

Our graduates may find employment in a range of sport organisations, spanning across Australian Rules football, basketball, cricket, tennis and golf, plus national and state sporting institutes.

Career opportunities include:

- advertising and sponsorship consultant
- commercial partnership administrator
- community engagement officer
- event operations coordinator
- facility media and marketing manager
- player agent

- professional players' manager
- public relations officer
- sport analyst
- sports journalist
- sports management consultant.

### Work experience

This course offers industry-based learning opportunities.

[deakin.edu.au/business-wil](https://deakin.edu.au/business-wil)



'Whilst completing my internship I was also completing event management, and Sport Facility and Event Management units. By undertaking these units alongside my internship I was able to immediately implement the skills I was learning into the workplace. I was able to see firsthand how the elements I developed and considered for my assignments are implemented in the workforce, and not just in theory.'

**Jordyn Becker**  
Bachelor of Business (Sport Management) student



## Study with the best

Deakin Business School is in the top 1% of business schools globally by holding both AACSB and EQUIS accreditations. These prestigious accreditations are awarded to business schools that meet strict standards of quality, academic and professional excellence, and demonstrate a commitment to ongoing improvement and innovation in their courses, ensuring our graduates are employable worldwide.



A degree in sport management helps students lead sport organisations in a range of activities.

**Course structure<sup>2,3</sup>**  
This 24-credit-point course consists of 16 credit points of core units and 8 credit points of elective units.

	Trimester 1	Trimester 2
Year 1	Accounting for Decision Making Fundamentals of Finance Management Sport Organisation	Economic Principles Law for Commerce Sport in Society Professional Insight
Year 2	Business Analytics Marketing Fundamentals Managing High Performance Sport Sport Facility and Event Management	Sport Marketing Sport Leadership and Governance Level 2 or 3 elective unit Level 2 or 3 elective unit/work integrated learning/study abroad
Year 3	Sport and the Law Level 2 or 3 elective unit x 3	Sport Management Practicum Level 2 or 3 elective unit x 2 Level 3 elective unit

[deakin.edu.au/course/bachelor-business-sport-management](https://deakin.edu.au/course/bachelor-business-sport-management)

<sup>1</sup> For international students, Cloud (online) only.  
<sup>2</sup> This course structure should be used as a guide only and advice should be sought when selecting units.  
<sup>3</sup> Academic Integrity Module (MAI010) is a compulsory 0-credit-point module that you must undertake as part of this course.  
NP means not published – less than five offers made to recent secondary education applicants.

## Practical and real-world work experience

Work experience can make all the difference when applying for jobs. Through our Work Integrated Learning program you can gain real-world experience and credit towards your degree.<sup>1</sup> What's more, the experiential learning opportunities, such as mentoring, volunteering, consulting and internships are practical and help develop skills that later benefit your career.

<sup>1</sup> To be confirmed in 2022 and beyond, subject to government restrictions.



# Courses

## Bachelor of Sport Development

M320 B 60.15 3 T1

With Deakin's Bachelor of Sport Development, you'll examine the science of coaching as well as the practical methods of encouraging health and wellbeing through participation and performance in sport. Explore sport pathways and coaching, as well as the marketing and management of sport in ways that impact the health and wellbeing of communities, and turn your lifelong passion into a rewarding career.

### Careers

This course will prepare you for roles in coaching, the leisure industry, sport science and in the field of community sports development.

Career opportunities include:

- community sports development officer
- high-performance manager
- player agent
- professional sports association official
- recreation officer
- sports coach
- sports development officer
- sports governance official
- sports policy officer.

### Work experience

This course offers industry-based learning opportunities.

[deakin.edu.au/business-wil](https://deakin.edu.au/business-wil)

## Our partnership with the Deakin Cats Community Centre

Deakin has a long association with the Geelong Football Club (GFC) and an ongoing partnership with the Deakin Cats Community Centre. The Centre's a hub for several GFC and Deakin community initiatives including BioCATS, Cats Community Education programs, Cyber Cats and Just Think – delivering health and wellbeing sessions on site.

[deakin.edu.au/cats-centre](https://deakin.edu.au/cats-centre)

Deakin code	S342	Cloud (online)	C
ATAR	70.00	Melbourne Burwood Campus	B
Course duration in years	3	Geelong Waterfront Campus	WF
Trimester	T	Geelong Warrn Ponds Campus	WP
		Warrnambool Campus	WB

### Course structure<sup>1,2</sup>

12 credit points of core business and law units and 12 credit points of core health units.

	Trimester 1	Trimester 2
Year 1	Sport Organisation Financial Literacy Principles of Sport Coaching Physical Activity and Exercise for Health	Sport in Society Intrapersonal Skills Essentials of Exercise Delivery Pathways in the Physical Activity, Exercise and Health Industry
Year 2	Organisational Behaviour Advanced Sport Coaching Theory and Practice Physical Activity and Population Health Physical Activity Promotion and Evaluation	Marketing Fundamentals Children's Physical Activity and Sport Sport Coaching and Development Practicum Motor Learning and Development
Year 3	Managing High Performance Sport Issues in Sport Coaching Sport Management Practicum Sport Facility and Event Management	Sport Leadership and Governance Planning for Sport Policy and Development Sport Marketing Global Perspectives in Physical Activity and Exercise for Health

[deakin.edu.au/course/bachelor-sport-development](https://deakin.edu.au/course/bachelor-sport-development)

- <sup>1</sup> This course structure should be used as a guide only and advice should be sought when selecting units.
- <sup>2</sup> Academic Integrity Module (MAI010) and Exercise and Sport Laboratory Safety (HSE010) are compulsory 0-credit-point units that you must undertake as part of this course.



## World-class sporting facilities

Our new Specialised Indoor Exercise and Sport Science Building at the Melbourne Burwood Campus features four levels of state-of-the-art sport science learning facilities. The building accommodates our growing suite of courses, increases your clinical exposure and employability outcomes, and enhances your opportunities for research projects and community engagement.

Reflecting the latest requirements for equipment and services in the exercise science industry, the building design offers a range of learning experiences.

### Specialised features

- A climate chamber that can simulate extreme conditions and alter temperature, humidity, altitude and oxygen levels.
- Five 40m running lanes and a walking track with overhead harness gantry.
- A 16-piece cardio area and an open group fitness area with over 40 stations.
- 3D motion-capture systems and specialised AV equipment.
- Specialised 10m high ceilings, with retractable catch netting to accommodate teaching and learning environments.
- The Deakin Clinical Exercise Centre (DCEC), an exercise physiology clinic, serviced by students under supervision, where our Master of Clinical Exercise Physiology students meet real clients, conduct assessments and create exercise and lifestyle programs.



## Skills to get you a job

Gain a competitive edge in the workplace with real-world expertise and practical skills. Deakin is ranked Victoria's top university for skills development and teaching quality.<sup>1</sup>

<sup>1</sup> 2019 Student Experience Survey, UA benchmark group Victorian universities.



Courses

Bachelor of Exercise and Sport Science

H343 B 70.75 WP 62.00 RRES: WP 61.70 3 T1, T2

Join the #1 sport science school in Australia by studying Deakin’s Bachelor of Exercise and Sport Science.<sup>1</sup> The course provides an accredited pathway for you to be eligible to register and practise as an Accredited Exercise Scientist with the national accrediting body, Exercise and Sports Science Australia (ESSA). You’ll learn how to apply knowledge and skills in exercise and sport science to improve the performance, health and participation of individuals, athletes and teams.

Professional recognition

All graduates are eligible to apply for accreditation with ESSA as an Accredited Exercise Scientist (AES).

Regional and Remote Entry Scheme

At Deakin, we are committed to producing world-class exercise and sport science graduates across regional, rural and remote areas of Australia. The Regional and Remote Entry Scheme has a separate VTAC code offering an alternative entry pathway into this course at the Geelong Warrn Ponds Campus.

deakin.edu.au/regional-and-remote-entry-scheme

Careers

As well as typical roles in the sport, exercise, coaching and fitness industry, you may pursue employment in community health and wellness.

Upon graduating, you may find employment opportunities in:

- elite, professional sporting clubs
- fitness and aquatic centres
- hospital and rehabilitation clinics
- large organisations in corporate health
- local and community sporting clubs
- local and state government agencies
- private health and recreation centres
- professional sporting bodies.

Further study pathways

This course provides a pathway to postgraduate study in areas such as applied sport science, clinical exercise physiology, sport management and research.

You may also consider applying for further study to advance your career in the sport science industry. We offer:

- Bachelor of Exercise and Sport Science (Honours)
- Graduate Certificate of Sport Performance Analysis
- Graduate Certificate of Strength and Conditioning
- Graduate Diploma of Applied Sport Science
- Master of Applied Sport Science
- Master of Clinical Exercise Physiology.

Deakin code	S342	Cloud (online)	C
ATAR	70.00	Melbourne Burwood Campus	B
Course duration in years	3	Geelong Waterfront Campus	WF
Trimester	T	Geelong Warrn Ponds Campus	WP
		Warrnambool Campus	WB

Work experience

With hands-on experience throughout this course, graduates hit the ground running. You will benefit from 220 hours of practical work experience via the Exercise Programming, and Exercise and Sports Science Practicum units. This level of industry experience goes beyond the minimum requirements of ESSA. Your placements can be taken in a variety of environments, such as AFL/VFL football clubs, Cricket Victoria, Cycling Victoria, Football Federation Victoria, Tennis Australia, private strength and conditioning and high performance centres (including institutes of sport), recreational gyms, rehabilitation clinics, and many more.

There are also opportunities to experience the field of exercise and sport science from an international perspective by undertaking the elective study tour unit, International Perspectives on Exercise and Sports Science.

The practical experience you’ll complete is a core feature of this course, and it sets you apart from other graduates.

Majors

- Applied sport science B WP
- Disability and inclusion C B
- Exercise physiology B WP
- Family, society and health C B
- Health promotion C B WP
- Nutrition C B WP WB
- Physical activity and health C B WP
- Psychology<sup>2</sup> C B WP
- Sport coaching B WP
- Sports nutrition B WP
- Strength and conditioning B WP



‘My course has equipped me with the people skills that I need to work efficiently within the sports science industry. The practical experiences pushed me to communicate with people in a way that I could never before.’

Stephanie Della Penna  
Bachelor of Exercise and Sport Science graduate



Exercise and sport science bonuses

We offer the Elite Athlete Adjustment as an acknowledgement of the challenges that elite-level athletes face when studying at university while simultaneously participating at an elite level within their sport.

Available to eligible elite Year 12 student athletes, the Elite Athlete Adjustment gives you five bonus aggregate points towards your entry score for admission to our exercise and sport science courses.

We also offer the Regional and Remote Entry Scheme at our Geelong Warrn Ponds Campus (with separate VTAC codes) as an alternate entry for the Bachelor of Exercise and Sport Science, Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management), and the Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science. Eligible applicants can receive up to 10 bonus aggregate points towards their entry score for admission.

deakin.edu.au/regional-remote-sporting-bonuses

Course structure<sup>3,4</sup>

This 24-credit-point course consists of 16 core units and eight elective units.

	Trimester 1	Trimester 2
Year 1	Physical Activity and Exercise for Health Introduction to Anatomy and Physiology Human Growth, Development and Ageing for Exercise Scientists Elective	Functional Human Anatomy Essentials of Exercise Delivery Research Methods and Statistics in Exercise and Sport Elective
Year 2	Exercise Physiology Physical Activity Promotion and Evaluation Exercise Programming Elective	Biomechanics Motor Learning and Development Integrated Human Physiology Elective
Year 3	Exercise and Sports Science Practicum Clinical and Sport Biomechanics Elective x 2	Nutrition for Exercise Scientists Cognitive and Behavioural Aspects of Sport and Exercise Elective x 2

deakin.edu.au/course/bachelor-exercise-and-sport-science

Useful websites

Australian Institute of Sport  
sportaus.gov.au

Australian Strength and Conditioning Association  
strengthandconditioning.org

Exercise and Sports Science Australia (ESSA) essa.org.au

School of Exercise and Nutrition Sciences deakin.edu.au/exercise-nutrition-sciences

Sport and Recreation Victoria  
sport.vic.gov.au

Sports Medicine Australia sma.org.au

VicHealth vicehealth.vic.gov.au

Victorian Institute of Sport vis.org.au

1 ShanghaiRanking’s Global Ranking of Sport Science Schools and Departments 2020.  
2 Individual units may not be available on every campus.  
3 This course structure should be used as a guide only and advice should be sought when selecting units.  
4 Academic Integrity (HAI010) and Exercise and Sport Laboratory Safety (HSE010) are compulsory 0-credit-point units that you must undertake as part of this course.

RRES means Regional and Remote Entry Scheme.



Courses

Bachelor of Health and Physical Education

Develop the skills, knowledge and understanding to become a qualified secondary school health and physical education teacher with Deakin’s Bachelor of Health and Physical Education. Discover how to create safe, inclusive and engaging learning environments to provide experiences that support lifelong health and physical activity.

You can choose a third teaching specialisation to gain a competitive advantage for employment, including:

- Biology
- Chemistry
- Dance
- Drama
- English
- History
- Home economics
- Mathematics

Professional recognition

Deakin’s Bachelor of Health and Physical Education is accredited with the Victorian Institute of Teaching (VIT) as a nationally accredited course and students are eligible to apply for registration with VIT upon graduation. If you intend to apply for registration in Victoria or interstate you may be required to provide further information. Applicants are advised to check the registration requirements in their state or territory, carefully.

Careers

Graduate ready to take your career into teaching within the private, independent or public education sectors or in advisory roles. You can even work closely with sporting organisations.

Get a world-class education

Deakin is ranked among the top five universities in Australia for its education courses, based on the 2020 QS World University Rankings by Subject, which are informed by academic and employer reputation, as well as research impact.

Deakin code	S342	Cloud (online)	C
ATAR	70.00	Melbourne Burwood Campus	B
Course duration in years	3	Geelong Waterfront Campus	WF
Trimester	T	Geelong Waurrn Ponds Campus	WP
		Warrnambool Campus	WB

As well as working as an educator, you may find yourself working in fields including:

- community programs
- government agencies
- human resource management
- private academies/agencies
- professional coaching
- sport management.

Professional experience

This course includes 80 days of supervised professional experience placements in schools where you’ll learn from experienced teachers. You might also have the opportunity to undertake a work placement in international or remote Northern Territory settings through our Global Education Program. The School of Education Professional Experience Office makes all arrangements for students’ placements.<sup>1</sup> The number of professional experience days align with requirements of external regulatory authorities (VIT).

Course structure<sup>2,3,4,5</sup>

This 32-credit-point course consists of 26 core units, 4 credit points of discipline study units and 2 credit points of curriculum study units in the third teaching method.

	Trimester 1	Trimester 2
Year 1	Teacher–Learner Identity Health and Physical Education Studies Foundations of Sport and Exercise Pedagogy and Practice 3rd Method Alternative Discipline Unit 1	Learning–Teaching Communities The Art and Science of Movement Functional Human Anatomy 3rd Method Alternative Discipline Unit 2
Year 2	Professional Experience in Health and Physical Education: Curriculum Study A Exercise Physiology Youth Health and Student Wellbeing 3rd Method Alternative Discipline Unit 3	Understanding Learning, Learners and Classroom Relationships Biomechanics Motor Learning and Development 3rd Method Alternative Discipline Unit 4
Year 3	Senior Curriculum Studies in Health and Physical Education Applied Sports Science 1 Physical Activity and Exercise for Health 3rd Teaching Method Curriculum Study Unit 1	Teaching Sexuality and Relationships Education Health and Physical Education: Curriculum Study B Nutrition, Growth and Development for Health Educators 3rd Teaching Method Curriculum Study Unit 2
Year 4	Curriculum Assessment and Policy in Contemporary Schooling Approaches to Teaching Health and Physical Education Inclusivity and Diversity in HPE Movement Contexts Exercise Prescription for Fitness and Health	Professional Identity and Curriculum Work Professional Issues in Health and Physical Education Health: a Family and Community Focus Australian Indigenous Education: Recognition, Relationships and Reconciliation

deakin.edu.au/course/bachelor-health-and-physical-education

- 1 Successful applicants are required to hold a valid Working with Children Check (WWCC) prior to undertaking professional experience placements in education settings as part of this course.
- 2 This course structure should be used as a guide only and advice should be sought when selecting units.
- 3 Academic Integrity (AAI018) and Exercise and Sport Laboratory Safety (HSE010) are compulsory 0-credit-point units that you must undertake as part of this course.
- 4 Students are also required to complete two 0-credit-point units, ELN010 and ELN011, as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE), in order to graduate from their course.
- 5 Students must also complete an Emergency First Aid Certificate (Level 2) and AUSTSWIM qualifications prior to graduation.

Bachelor of Health Sciences

H300 C<sup>1,2</sup> 59.75 B 60.00 WP 55.65 WB<sup>2</sup> NP  
3 T1, T2, T3<sup>3</sup>

A rewarding career in a health-related field gives you the chance to reduce health disparity and to help people – whether in Australia or overseas – to lead fuller, healthier and happier lives.

As a Bachelor of Health Sciences graduate, you can be confident that you’ll get a solid grounding in multiple fields of health sciences and be prepared for a successful career in the fastest-growing employment sector in Australia.<sup>4</sup>

Careers

This flexible degree allows you to combine study areas that you’re passionate about, and benefit from workplace learning to become a specialist in the booming health sector.

Depending on your majors, your health sciences degree can prepare you for work in the following roles and fields:

- community engagement officer
- disability support planner
- environmental and sustainability officer
- exercise specialist
- family/community/refugee/indigenous project officer
- food and nutrition policy developer
- food scientist
- health educator or counsellor
- health policy developer
- health promotion officer
- health and sports marketer or PR officer
- international aid worker
- lifestyle and wellness professional
- nutrition and health promotion coordinator
- policy adviser
- regional health service planner
- youth worker.

The health and human services sector is one of the largest and fastest-growing industries in Australia and the world. With ageing populations and public health issues such as obesity and chronic illness on the rise, and with governments around the world increasing emphasis on disease prevention, as well as treatment, employability in the sector is strong and continually increasing.

You may choose to begin your studies with a Bachelor of Health Sciences to get a solid grounding in health sciences and explore your interest areas, then follow a pathway into psychology, nutrition, public health or nursing. This will allow you to pursue further career opportunities in specialist fields.



Work experience

Enhance your employment prospects and consolidate your knowledge and skills through an industry placement unit. Depending on the majors and elective units you choose to study, this option may be available in your second or third year.

Majors

- Disability and inclusion
- Environmental health
- Exercise science<sup>5</sup>
- Family, society and health
- Food studies
- Health, nature and sustainability
- Health promotion
- Medical biotechnology
- Nutrition
- Physical activity and health
- Psychological science<sup>6</sup>
- Psychology for allied health<sup>6</sup>

Course structure<sup>7,8</sup>

This 24-credit-point course consists of six core units and at least two major sequences from an approved list. Students must complete at least 18 credit points offered by the Faculty of Health, at least 14 credit points at level 2 or 3 and at least 6 credit points at level 3.

	Trimester 1	Trimester 2
Year 1	Understanding Health Major sequence 1 Major sequence 2 Elective/major sequence 3	Health Information and Data Major sequence 1 Major sequence 2 Elective/major sequence 3
Year 2	Australian Health Care System Major sequence 1 Major sequence 2 Elective/major sequence 3	Population Health: A Research Perspective Major sequence 1 Major sequence 2 Elective/major sequence 3
Year 3	Program Planning, Management and Evaluation Major sequence 1 Major sequence 2 Elective/major sequence 3	Integrated Learning for Practice Major sequence 1 Major sequence 2 Elective/major sequence 3

deakin.edu.au/course/bachelor-health-sciences

- 1 Not all majors are available via Cloud (online) learning.
- 2 Cloud (online) and Warrnambool Campus are not available to international students.
- 3 Trimester 3 is available at Melbourne Burwood Campus, Geelong Waurrn Ponds Campus and via Cloud (online) learning only. For international students, Melbourne Burwood Campus and Geelong Waurrn Ponds Campus only.
- 4 Department of Education, Skills and Employment, Australian Jobs 2020.
- 5 Cloud (online) students will be required to attend some campus-based activities.
- 6 Individual units may not be available on every campus.
- 7 This course structure should be used as a guide only and advice should be sought when selecting units.
- 8 Academic Integrity (HAI010) is a compulsory 0-credit-point unit that you must undertake as part of this course.

NP means not published – less than five offers made to recent secondary education applicants.



# Courses

## Combined courses

A combined course (or double degree) in sport lets you pursue complementary areas and explore disciplines that are of particular interest to you. Combined courses allow you to complete two courses in as little as four years, which is quicker than completing one degree followed by another.

### Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management)

D394 B 81.00 WP 71.35 RRES: WP 65.30 4 T1, T2

Experience the synergy between sport science and the business of sport with Deakin's Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management). Learn from expert teachers in world-class facilities to become a professional leader in exercise and sport science, with the business prowess to manage sporting organisations and events.

#### Professional recognition

Graduates are eligible to apply for accreditation with Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist (AES).<sup>1</sup>

#### Regional and Remote Entry Scheme

At Deakin, we are committed to producing world-class exercise and sport science graduates across regional, rural and remote areas of Australia. The Regional and Remote Entry Scheme has a separate VTAC code offering an alternative entry pathway for this course at the Geelong Waurn Ponds Campus.

[deakin.edu.au/regional-and-remote-entry-scheme](https://deakin.edu.au/regional-and-remote-entry-scheme)

#### Careers

With this combined degree, you'll be equipped to provide professional leadership and contribute to the development of the Australian sporting industry. Career opportunities may include:

- business development manager
- elite coach
- player manager/agent
- recreation officer
- sport/exercise scientist
- sports administrator
- sports development officer
- sports event manager
- strength and conditioning coach.

#### Work experience

##### Exercise and Sports Science and Exercise Programming

The Exercise and Sports Science Practicum gives you the opportunity to undertake a formalised fieldwork experience of a minimum of 140 hours in an exercise and sport organisational setting. You will also undertake the Exercise Programming unit, which gives you an additional 80 hours of practicum experience. You will graduate with a minimum of 220 hours of invaluable field experience, greatly boosting your professional development and employment prospects.

##### Sport Management

The Sport Management Practicum will be a placement organised by you with a host sporting organisation, association or facility for a period of 100 hours.

[deakin.edu.au/business-wil](https://deakin.edu.au/business-wil)

#### Course structure

This course consists of 32 credit points – 16 core units in the Bachelor of Exercise and Sport Science, 15 core units and one elective unit in the Bachelor of Business (Sport Management).

Deakin code	S342	Cloud (online)	C
ATAR	70.00	Melbourne Burwood Campus	B
Course duration in years	3	Geelong Waterfront Campus	WF
Trimester	T	Geelong Waurn Ponds Campus	WP
		Warrnambool Campus	WB

## Bachelor of Health Sciences/Bachelor of Arts

D391 C<sup>2</sup> NP B 64.90 WP<sup>3</sup> NP 4 T1, T2<sup>4</sup>, T3<sup>4</sup>

Build a degree tailored to your interests with a Bachelor of Health Sciences/Bachelor of Arts. This flexible degree will equip you with a unique skill set that will unlock diverse career opportunities and give you a competitive edge in the job market. You can tailor your course structure to focus on whichever niche reflects your passions.

Choose sport-related majors – Exercise science, or Physical activity and health – to hone in on your interest area while complementing this study area with other majors to broaden your career opportunities.

#### Course structure

This course consists of 32 credit points – 16 credit points from the Bachelor of Health Sciences and 16 credit points from the Bachelor of Arts.

## Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science

D333 B 75.20 WP 69.30 RRES: WP NP 4 T1, T2<sup>5</sup>

This combined degree gives you the opportunity to study two complementary fields and understand how the whole athlete works, as well as the fuel required to enable them to perform at their best. You will have the opportunity to participate in a minimum of 220 hours of invaluable practical experience and benefit from career mentoring, setting you apart from other graduates.

#### Professional recognition

Current students are eligible to apply for student membership with the Nutrition Society of Australia (NSA), and apply as an 'ordinary member' upon graduating.

Graduates are eligible to apply to become a Registered Associate Nutritionist with the:

- Nutrition Society of Australia
- Hong Kong Nutrition Association
- UK Association for Nutrition.

Graduates are eligible to apply for accreditation with Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist (AES).<sup>1</sup>

#### Regional and Remote Entry Scheme

At Deakin, we are committed to producing world-class graduates across regional, rural and remote areas of Australia. The Regional and Remote Entry Scheme has a separate VTAC code offering an alternative entry pathway for this course at the Geelong Waurn Ponds Campus.

[deakin.edu.au/regional-and-remote-entry-scheme](https://deakin.edu.au/regional-and-remote-entry-scheme)

#### Careers

As well as typical roles in the sport, exercise, coaching and fitness industries, you may pursue employment in:

- community health and wellness
- rehabilitation
- sport science.

You may work in settings such as:

- community sport organisations
- elite, professional sporting clubs
- large organisations in corporate health
- local and community sporting clubs
- local and state government agencies
- private health and recreation centres
- professional sporting bodies.

## #1 in Australia

Deakin University's School of Exercise and Nutrition Sciences is ranked the #1 sport science school in Australia and #3 in the world.<sup>1</sup>

<sup>1</sup> ShanghaiRanking's Global Ranking of Sport Science Schools and Departments 2020.



<sup>1</sup> This course is currently not accredited with ESSA. However, graduates may still apply to ESSA to become an Accredited Exercise Scientist through the non-ESSA-Accredited Course application pathway. Please refer to [essa.org.au](https://essa.org.au) for more information.

<sup>2</sup> Cloud (online) learning is not available to international students.

<sup>3</sup> Geelong Waurn Ponds Campus offering is pending University approval.

<sup>4</sup> Trimester intake is not available to international students.

<sup>5</sup> Trimester 2 intake available at Melbourne Burwood Campus only.

NP means not published – less than five offers made to recent secondary education applicants.  
RRES means Regional and Remote Entry Scheme.



Course and entry requirements	Campus and ATAR	Course duration	Trimester intakes	Tuition fee <sup>1</sup>
<b>Bachelor of Business (Sport Management)   M391</b> <b>Y12</b> <sup>2</sup> VCE units 3 and 4 – a study score of at least 20 in English other than EAL or 25 in English (EAL). <b>NY12</b> <sup>3</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/M391">deakin.edu.au/course/M391</a>	<b>C</b> NP <b>B</b> 77.05	3	T1, T2, T3 <sup>4</sup>	\$14,434
<b>Bachelor of Exercise and Sport Science   H343</b> <b>Y12</b> <sup>2,5</sup> VCE units 3 and 4 – a study score of at least 30 in English (EAL) or at least 25 in English other than EAL. The Bachelor of Exercise and Sport Science at the Geelong Waurrn Ponds Campus has a regional and remote entry scheme available through VTAC each year. <sup>6</sup> <b>NY12</b> <sup>3,5</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/H343">deakin.edu.au/course/H343</a> This course attracts an elite athlete adjustment on a sliding scale for those students defined as elite athletes. <sup>7</sup>	<b>B</b> 70.75 <b>WP</b> 62.00 Regional and remote entry scheme: <b>WP</b> 61.70	3	T1, T2	\$10,909
<b>Bachelor of Health and Physical Education<sup>8,9,10</sup>   E377</b> <b>Y12</b> <sup>2,5</sup> VCE units 1 and 2 of general mathematics or maths: mathematical methods or maths: specialist mathematics, or units 3 and 4 of mathematics (any); and a study score of at least 25 in English other than EAL or 35 in English (EAL). <b>NY12</b> <sup>3,5</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/E377">deakin.edu.au/course/E377</a>	<b>B</b> 70.55 <b>WP</b> 70.95	4	T1	\$5686
<b>Bachelor of Health Sciences   H300</b> <b>Y12</b> <sup>2,5</sup> VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL). <b>NY12</b> <sup>3,5</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/H300">deakin.edu.au/course/H300</a>	<b>C</b> <sup>11,12</sup> 59.75 <b>B</b> 60.00 <b>WP</b> 55.65 <b>WB</b> <sup>13</sup> NP	3	T1, T2, T3 <sup>14</sup>	\$8516
<b>Bachelor of Sport Development   M320</b> <b>Y12</b> <sup>2,5</sup> VCE units 3 and 4 – a study score of at least 20 in English other than EAL or 25 in English (EAL). <b>NY12</b> <sup>3,5</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/M320">deakin.edu.au/course/M320</a>	<b>B</b> 60.15	3	T1	\$14,303
<b>Bachelor of Exercise and Sport Science/ Bachelor of Business (Sport Management)   D394</b> <b>Y12</b> <sup>2,5</sup> VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL). The Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management) at the Geelong Waurrn Ponds Campus has a regional and remote entry scheme available through VTAC each year. <sup>6</sup> <b>NY12</b> <sup>3,5</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/D394">deakin.edu.au/course/D394</a> This course attracts an elite athlete adjustment on a sliding scale for those students defined as elite athletes. <sup>7</sup>	<b>B</b> 81.00 <b>WP</b> 71.35 Regional and remote entry scheme: <b>WP</b> 65.30	4	T1, T2	\$12,050
<b>Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science   D333</b> <b>Y12</b> <sup>2,5</sup> VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL). The Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science at the Geelong Waurrn Ponds Campus has a regional and remote entry scheme available through VTAC each year. <sup>6</sup> <b>NY12</b> <sup>3,5</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/D333">deakin.edu.au/course/D333</a>	<b>B</b> 75.20 <b>WP</b> 69.30 Regional and remote entry scheme: <b>WP</b> NP	4	T1, T2 <sup>15</sup>	\$8710
<b>Bachelor of Health Sciences/Bachelor of Arts   D391</b> <b>Y12</b> <sup>2,5</sup> VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL). <b>NY12</b> <sup>3,5</sup> As for Year 12 or equivalent, for further information refer to <a href="https://deakin.edu.au/course/D391">deakin.edu.au/course/D391</a>	<b>C</b> <sup>11</sup> NP <b>B</b> 64.90 <b>WP</b> <sup>16</sup> NP	4	T1, T2 <sup>17</sup> , T3 <sup>17</sup>	\$10,013

- 1
The 2021 indicative Commonwealth Supported Place (CSP) fee is based on a typical enrolment for domestic students enrolled in two trimesters of full-time study, or 8 credit points, unless otherwise indicated. This fee should be used as a guide only and is subject to change. The fees displayed do not reflect the entire cost of the course if it’s completed over a number of years and does not include the Student Services and Amenities Fee or course-related equipment costs.
2
Recent secondary education applicants include current Year 12 students in 2021, as well as Year 12 graduates from 2020 and 2019.
3
There are four categories under which non-Year 12 applicants may apply to Deakin:
  - applicants with higher education study
  - applicants with Vocational Education and Training (VET) study
  - applicants with work and life experience
  - applicants who completed Year 12 in 2018 or earlier.
Visit [deakin.edu.au/course](https://deakin.edu.au/course) and head to the course of interest to find out further details on admission requirements.
4
For international students, Trimester 3 is only available via Cloud (online) learning.
5
International student entry requirements can be found at [deakin.edu.au/international-students](https://deakin.edu.au/international-students).
6
The regional and remote entry scheme is open to: current Year 12 students who are undertaking their final year of schooling at a regional or remote secondary school (as defined by the new ABS categories); current Year 12 students from schools in the City of Greater Geelong. Visit [deakin.edu.au/regional-and-remote-entry-scheme](https://deakin.edu.au/regional-and-remote-entry-scheme) for more information.
7
Elite athletes are defined in line with Deakin’s membership of the Elite Athlete Education Network (EAEN) network. For more information visit [deakin.edu.au/elite-athlete-program](https://deakin.edu.au/elite-athlete-program).

8
Students are required to apply for a Working with Children Check before commencing school experience.
9
Students are also required to complete two 0-credit-point units, ELN010 and ELN011, as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE), in order to graduate from their course.
10
Students applying to all initial teacher education courses are required to sit the CASPer test, a non-academic assessment. Please be advised the cost of the CASPer test is a responsibility borne by individual applicants. Deakin University will not be able to reimburse any test costs. Find out more at [deakin.edu.au/casper](https://deakin.edu.au/casper).
11
Cloud (online) learning is not available to international students.
12
Not all majors are available via Cloud (online) learning.
13
Warrnambool Campus is not available to international students for this course.
14
Melbourne Burwood Campus, Geelong Waurrn Campus and via Cloud (online) learning only. For international students, Melbourne Burwood Campus and Geelong Waurrn Ponds Campus only.
15
Trimester 2 intake available at Melbourne Burwood Campus only.
16
Geelong Waurrn Ponds Campus offering is pending University approval.
17
Trimester intake is not available to international students.
- NP means not published – less than five offers made to recent secondary education applicants.

				Cloud (online)	<b>C</b>
				Melbourne Burwood Campus	<b>B</b>
				Geelong Waterfront Campus	<b>WF</b>
				Geelong Waurrn Ponds Campus	<b>WP</b>
				Warrnambool Campus	<b>WB</b>
Recent secondary education	<b>Y12</b>				
Non-Year 12	<b>NY12</b>				

this.

Inspiration for life, learning and career

Visit [this.deakin.edu.au](https://this.deakin.edu.au) to uncover unique stories about Deakin and explore different perspectives on study, career and self-improvement.

Deakin understands that evidencing and articulating your capabilities is vital to gaining opportunities. Deakin Hallmarks are prestigious University awards that recognise students’ outstanding achievements and capabilities that are key to employment success. After graduating, they offer students the opportunity to differentiate themselves to employers. To find out more visit [deakin.edu.au/hallmarks](https://deakin.edu.au/hallmarks), including how Hallmarks are awarded.

										
Communication	Digital literacy	Teamwork	Critical thinking	Problem solving	Self management	Global citizenship	Creativity	Digital innovation	Entrepreneurial thinking	Leadership

# Contact us

### We’re here to help

We have staff at each of our campuses who are more than happy to answer your general queries.

#### Prospective student enquiries

##### Domestic students

1800 693 888  
[myfuture@deakin.edu.au](mailto:myfuture@deakin.edu.au)

##### International students

+61 3 9627 4877  
[study@deakin.edu.au](mailto:study@deakin.edu.au)

#### Discover Deakin

To stay up to date with all course information sessions and events for prospective undergraduate students, visit [deakin.edu.au/discover-deakin](https://deakin.edu.au/discover-deakin).

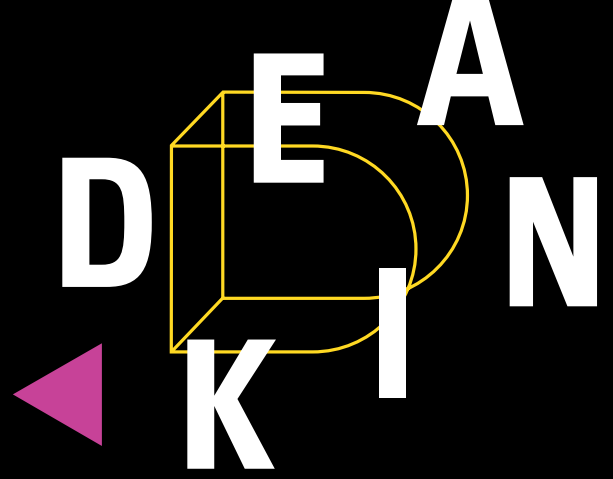
### Social media at Deakin

-  [facebook.com/DeakinUniversity](https://facebook.com/DeakinUniversity)
-  [facebook.com/DeakinBusinessSchool](https://facebook.com/DeakinBusinessSchool)
-  [facebook.com/DeakinHealth](https://facebook.com/DeakinHealth)
-  [twitter.com/Deakin](https://twitter.com/Deakin)
-  [twitter.com/DeakinBusiness](https://twitter.com/DeakinBusiness)
-  [twitter.com/DeakinHealth](https://twitter.com/DeakinHealth)
-  [instagram.com/DeakinUniversity](https://instagram.com/DeakinUniversity)
-  [Search Deakin University](https://www.linkedin.com/company/deakin-university)

### Other useful websites

[vtac.edu.au](https://vtac.edu.au)  
[studyassist.gov.au](https://studyassist.gov.au)  
[myfuture.edu.au](https://myfuture.edu.au)  
[youthcentral.vic.gov.au](https://youthcentral.vic.gov.au)





# OPEN ALL YEAR

## DEAKIN CAMPUS TOURS

**8–15 APR**  
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**20–29 SEPT**

Visit all campuses

[deakin.edu.au/campustours](https://deakin.edu.au/campustours)

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## VIRTUAL OPEN DAY

**SUN 15 AUG**

9am–4pm

[openday.deakin.edu.au](https://openday.deakin.edu.au)

