

Sport

Melbourne | Geelong



Applied sport science

Exercise and sport science

Exercise physiology

Health and physical
education

Health sciences

Physical activity and health

Sport coaching

Sport development

Sport management

Sports nutrition

Strength and conditioning

Study with Australia's best

Join the sport science school ranked #1 in Australia and #3 in the world¹ and take up any one of our diverse courses, from exercise and sport science and clinical exercise physiology, through to sport management, sport development and business. You'll get hands-on learning in our world-class sport facilities and through industry placements so you can hit the ground running, whichever career path you choose.

¹ Shanghai Ranking's Global Ranking of Sport Science Schools and Departments 2016–2018.

Contents

- 1 Your future in sport
- 4 Disciplines
- 6 Courses
- 14 Combined courses
- 17 Contact us

Published by Deakin University in March 2020. While the information published in this guide was accurate at the time of publication, Deakin University reserves the right to alter, amend or delete details of course offerings and other information published here. For the most up-to-date course information, please view our website at deakin.edu.au.

Deakin University CRICOS Provider Code: 00113B

Your future in sport

Get set for a successful career

Career outcomes in the sporting industry are exciting, diverse and ever increasing. Deakin offers you the opportunity to gain a world-class qualification in a country that's globally renowned for high achievement in sport. With the increase in obesity and chronic disease rates in Australia and around the world, the emphasis on physical activity and participation in exercise and sport continues to grow and dominate modern approaches to sustaining a healthy lifestyle.

Explore our industry connections

Gain the practical experience and skills to pursue a successful career in sports-related professions. Our staff have close links with industry and relationships with organisations that ensure our courses are up-to-date with industry trends. We have strong ties with organisations including:

- AFL
- Australian Institute of Sport
- Baker IDI Heart and Diabetes Institute
- Barwon Sports Academy
- BioLab
- Core Advantage
- Cricket Australia
- Deakin Melbourne Boomers
- Disability Sports Australia
- Eastern Football League
- Geelong Football Club
- IMG
- Netball Australia
- Physical Activity Australia
- Rise Health Group
- Tennis Australia
- VicHealth
- VicSport
- Victorian Institute of Sport
- Werribee Football Club
- YMCA Australia.

Graduate job ready

Our Bachelor of Exercise and Sport Science and combined courses feature 220 hours of practical experience, which goes beyond the minimum requirements of Exercise and Sports Science Australia (ESSA), meaning graduates embark on their careers with an advantage.



Your future in sport

#1 university in Victoria for student satisfaction

Year on year, our students are the most satisfied students of all Victorian universities¹. We've ranked this highly for the past 10 years, with students being particularly happy with our:

- teaching
- learning resources
- student support
- skills development
- learner engagement.

¹ Australian Graduate Survey 2010–2015, Graduate Outcomes Survey 2016–2019 (GOS), Quality Indicators for Learning and Teaching (QILT).

Join our Peer Mentoring Program

Sign up for one of the peer mentoring programs in your first year at Deakin to get support and guidance from more senior students in your course. You'll learn about the support services and facilities available, while gaining useful tips about studying at Deakin.

A home for elite athletes

We're dedicated to supporting elite athletes to achieve academic success alongside the demands of training and competition. That's why Deakin is a member of the Elite Athlete Friendly University (EAFU) Network.

We offer student athletes:

- flexibility around assessment deadlines, and lecture and tutorial attendance
- leave of absence arrangements so they can meet their sporting commitments
- extensions on the time normally allowed to complete a course.

Plus, with access to the Geelong Warrn Ponds Campus' Elite Regional Sports Precinct and Melbourne Burwood Campus' Specialised Indoor Exercise and Sport Science Building, you can take advantage of our:

- MCG-sized AFL oval
- FIFA-grade soccer pitch
- eight-lane IAAF 400-metre athletics track
- climate chamber that simulates extreme conditions
- 16 piece cardio area and open group fitness area
- motion capture systems and specialised AV equipment.

As well as accessing study support, elite athletes can apply to Deakin under an adjustment scheme.

deakin.edu.au/elite-athlete-program

Deakin works closely with the Deakin Melbourne Boomers in sports science, high performance management and athlete development.

World-class sporting facilities

The Geelong Warrn Ponds Campus Elite Regional Sports Precinct is the go-to for elite athletes, like the Geelong Cats AFL team, and student-based clubs like the Deakin Ducks Soccer Club. As well as world-class training facilities, the precinct offers students placement opportunities, providing career pathways into the sport and education industries.

deakin.edu.au/life-at-deakin/student-life/sports-and-gyms/elite-sporting-precinct

Among our world-class facilities is the Geelong Warrn Ponds Campus Elite Regional Sports Precinct.

Industry-leading research

Our Centre for Sport Research (CSR) focuses on improving the health and performance of people and organisations participating in sports.

As well as promoting sport and exercise, CSR conducts research that informs policy and touches on sport science, development and management.

Our program is built on a foundation of industry and community partnerships, as well as sport and exercise science services, which means you'll graduate with the practical skills to gain a head start in your career.

deakin.edu.au/csr

Our research makes a real-world difference

Hosted by the School of Exercise and Nutrition Sciences, the Institute for Physical Activity and Nutrition (IPAN) focuses on improving the health of Australian communities, and preventing disease by promoting active lifestyles and healthy eating.

Our research in nutrition and physical activity spans basic metabolism and physiology, through to clinical and behavioural studies, and community and population-based research. Research from IPAN feeds directly into the development of our undergraduate and postgraduate courses, which means you'll graduate with knowledge from the cutting edge of science.

deakin.edu.au/ipan

Disciplines

Take a look through our disciplines (also known as study areas) to choose your area of expertise. Knowing which discipline you're interested in helps career advisers find the best course for your interests. Corresponding courses are featured in the following pages, so you can learn more about what you'll study, work experience opportunities and the types of careers you could pursue. When you choose a course, you can then pick which discipline to specialise in within that course. Visit deakin.edu.au for detailed discipline and course information, including a description of the units within each degree.

Applied sport science

Apply scientific thinking to solve problems and generate insights in sport. Study this area of sport if you aspire to work as a sport scientist in sporting settings, such as community sport, junior sport, and high performance sport.

Exercise physiology

Develop the expertise to monitor and interpret physiological responses during exercise, and gain job-ready skills with hands-on, practical experience using a range of laboratory techniques. The knowledge and skills gained in this area of study are relevant for further postgraduate study such as honours degrees, higher degrees by research, Deakin's Master of Clinical Exercise Physiology and clinical exercise career pathways.

Exercise and sport science

Apply knowledge and skills in exercise and sport science to improve the performance, health and participation of individuals, athletes and teams through training, coaching and advice.

You'll develop the expertise to become a professional leader in exercise and sport science, and have the opportunity to study the biology, technology, behaviour and best practices that underpin exercise and sport science.

Health and physical education

Teach health and physical education in secondary schools and gain a third teaching specialisation from a range of disciplines, including biology, chemistry, dance, drama, mathematics, English, home economics and history.

Health sciences

If you're looking to discover your passion in the health industry, a course in health sciences lets you create a qualification that suits your unique career aspirations. Become a specialist in the health sector by hand-picking and combining study areas that you're passionate about. Focus your studies in:

- disability and inclusion
- environmental health
- exercise science
- family, society and health
- food studies
- health and sustainability
- health promotion
- medical biotechnology
- nutrition
- physical activity and health
- psychological science
- psychology for professional development.

Physical activity and health

Understand how behaviour influences health and learn how to increase community and individual participation in physical activity. Explore the evidence of the independent roles physical activity and sedentary behaviour play in chronic disease.

Sport coaching

Develop leadership skills for sports coaching and instruction, underpinned by sport science, pedagogy, personal development, and practical real-world coaching experience.

You'll acquire essential skills that employers value, including planning, organisation, presentation, evaluation, and problem solving. Developed with national sporting organisations, elite coaches and expert academics, this major offers the latest in innovative coaching theory and practice.

Sport development

Through this specialised course, you'll learn to develop and design sport's systems, programs and pathways, and form an understanding of how sport can impact individual health outcomes and nurture community development. You'll also gain valuable insights into the management and governance of sport by analysing leading sport organisations and the skills used by professional sport managers.

This study area is only available through our Bachelor of Sport Development.

Sport management

Combine your passion for sport with relevant business skills to help you perform at a high level and excel in the sport industry. A degree in sport management can help you become a sport manager who can lead organisations across a range of activities, including the development and management of professional sport competitions, major events, and programs that encourage community participation.

This study area is only available through our Bachelor of Business (Sport Management).

Sports nutrition

Help elite athletes get the most out of their bodies and performances through food and nutrition. Sports nutrition covers the specific macronutrient needs of athletes and provides practical nutrition considerations for before, during and after sports performance.

Strength and conditioning

Understand the theoretical knowledge and technical competencies required to develop and deliver evidence-based strength and conditioning programs for a range of individuals including the general population, those with specific needs, and athletes.

Courses to careers

Visit explore.deakin.edu.au to kickstart your course and career exploration. With more than 600 paired courses and careers, it's the perfect destination for you to discover your future career.

#1 careers service in Australia¹

Prepare yourself for the jobs and careers of the future. Access our career centre, DeakinTALENT, and use its programs and services to research different career options, hone your interview skills, look for casual work while you study or find a graduate job.

deakintalent.deakin.edu.au

¹ Australian Graduate Recruitment Industry Awards (AGRIA) – 2017, 2018 and 2019.

The Deakin Clinical Exercise Centre is an exercise physiology clinic where supervised students meet real clients, conduct assessments and create exercise and lifestyle programs.

Courses

Bachelor of Business (Sport Management) M391 C B 3 T1, T2, T3¹

Make your business mark behind the scenes in the dynamic sports industry through Deakin's Bachelor of Business (Sport Management). With the increased professionalism of sport, you'll learn how to manage the business of sport, with specialised learning in marketing, finance, management and law. You can also build your expertise with a complementary business major.

Careers
Professionally trained people find employment in a range of sport organisations, spanning across Australian Rules football, basketball, cricket, tennis and golf, plus national and state sporting institutes.

Career opportunities include:

- advertising and sponsorship consultant
- business coach
- business development manager
- commercial partnership administrator
- community engagement officer
- event operations coordinator
- facility manager
- media and marketing manager
- player agent

Deakin code	S342	Cloud Campus	C
Course duration in years	3	Melbourne Burwood Campus	B
Trimester	T	Geelong Waterfront Campus	WF
		Geelong Warrnambool Campus	WP
		Warrnambool Campus	WB

- professional players' manager
- professional sports association official
- public relations officer
- sport analyst
- sports administrator
- sports coach
- sports development officer
- sports event coordinator
- sports governance official
- sports journalist
- sports management consultant.

Work experience
This course offers industry-based learning opportunities.

deakin.edu.au/business-wil

'Deakin's engagement with industry professionals is well regarded and provides insight into the industry, as well as allowing industry to fully appreciate the breadth and diversity within its sports management course. It really lives up to its professional reputation.'

Molly Pledge
Bachelor of Business (Sport Management) graduate



A degree in sport management helps students lead sport organisations in a range of activities.

Course structure^{2,3}
This 24-credit point course consists of 16 credit points of core units and 8 credit points of elective units.

	Trimester 1	Trimester 2
Year 1	Accounting for Decision Making Fundamentals of Finance Management Sport Organisation	Economic Principles Law for Commerce Sport in Society Professional Insight
Year 2	Business Analytics Marketing Fundamentals Managing High Performance Sport Sport Facility and Event Management	Sport Marketing Sport Leadership and Governance Level 1, 2 or 3 elective unit Level 2 or 3 elective unit/work integrated learning/study abroad
Year 3	Sport and the Law Level 2 or 3 elective unit x 3	Sport Management Practicum Level 2 or 3 elective unit x 2 Level 3 elective unit

deakin.edu.au/course/bachelor-business-sport-management

Practical and real-world work experience
Work experience can make all the difference when applying for jobs. Through our Work Integrated Learning program you can gain real-world experience and credit towards your degree. What's more, the experiential learning opportunities, such as mentoring, volunteering, consulting and internships are practical and help develop skills that later benefit your career.



Get a world-class education

Deakin Business School is in the top 1% of business schools globally by holding both AACSB and EQUIS accreditations. These prestigious accreditations are awarded to business schools that meet strict standards of quality, academic and professional excellence, and demonstrate a commitment to ongoing improvement and innovation in their courses, ensuring our graduates are employable worldwide.

¹ For international students, Cloud Campus only.
² This course structure should be used as a guide only and advice should be sought when selecting units.
³ Academic Integrity (MAI010) is a compulsory 0-credit-point unit that you must undertake as part of this course.

Courses

Bachelor of Sport Development

M320 B 3 T1

Learn about sport pathways and coaching, and the marketing and management of sport, and turn your passion for sport into a rewarding career. With Deakin's Bachelor of Sport Development, you'll examine the science of coaching as well as the practical elements of encouraging participation and performance in sport.

Careers

This course will prepare you for roles in coaching, the leisure industry, sport science and in the field of community sports development.

Career opportunities include:

- community sports development officer
- facility and recreation manager
- high performance manager
- player agent
- professional sports association official
- recreation officer
- sport development officer
- sports coach
- sports governance official
- sports policy officer.

Work experience

This course offers industry-based learning opportunities.

deakin.edu.au/business-wil

Our partnership with the Deakin Cats Community Centre (DCCC)

Deakin has a long association with the Geelong Football Club (GFC) and an ongoing partnership with the DCCC. The Centre's a hub for several GFC and Deakin community initiatives including BioCATS, Cats Community Education programs, Cyber Cats and Just Think – delivering health and wellbeing sessions on site.

deakin.edu.au/collaboration/community-engagement/geelong/local-partnerships/cats-centre

Deakin code	S342	Cloud Campus	C
Course duration in years	3	Melbourne Burwood Campus	B
Trimester	T	Geelong Waterfront Campus	WF
		Geelong Waurn Ponds Campus	WP
		Warrnambool Campus	WB

Course structure^{1,2}

12 credit points of core business and law units and 12 credit points of core health units.

	Trimester 1	Trimester 2
Year 1	Sport Organisation Financial Literacy Principles of Sport Coaching Physical Activity and Exercise for Health	Sport in Society Intrapersonal Skills Essentials of Exercise Delivery Pathways in the Physical Activity, Exercise and Health Industry
Year 2	Organisational Behaviour Advanced Sport Coaching Theory and Practice Physical Activity and Population Health Physical Activity Promotion and Evaluation	Marketing Fundamentals Sport Facility and Event Management Sport Development and Coaching Practicum Motor Learning and Development
Year 3	Management of High Performance Sport Issues in Sport Coaching Sport Management Practicum Children's Physical Activity and Sport	Sport Leadership and Governance Planning for Sport Policy and Development (Capstone) Sport Marketing Global Perspectives in Physical Activity and Exercise for Health (Capstone)

deakin.edu.au/course/bachelor-sport-development

- ¹ This course structure should be used as a guide only and advice should be sought when selecting units.
- ² Academic Integrity (MAI010) and Safety Induction (MIS010) are compulsory 0-credit-point units that you must undertake as part of this course.



Your future sporting facilities

Our new world-class Specialised Indoor Exercise and Sport Science Building at the Melbourne Burwood Campus features four levels of state-of-the-art sport science learning facilities. The building accommodates our growing suite of courses, increases your clinical exposure and employability outcomes, and enhances your opportunities for research projects and community engagement.

Reflecting the latest requirements for equipment and services in the exercise science industry, the building design offers a range of learning experiences.

Specialised features

- A climate chamber that can simulate extreme conditions and alter temperature, humidity, altitude and oxygen levels.
- Five 40m running lanes and a walking track with overhead harness gantry.
- A 16-piece cardio area and an open group fitness area with over 40 stations.
- 3D motion capture systems and specialised AV equipment.
- Specialised 10m high ceilings, with retractable catch netting to accommodate teaching and learning environments.
- The Deakin Clinical Exercise Centre (DCEC), an exercise physiology clinic, serviced by students under supervision, where students meet real clients, conduct assessments and create exercise and lifestyle programs.



Courses

Bachelor of Exercise and Sport Science

Deakin's Bachelor of Exercise and Sport Science helps you apply knowledge and skills in exercise and sport science to improve the performance, health and participation of individuals, athletes and teams through training, coaching and advice.

You'll learn in world-class facilities at our Elite Regional Sports Precinct in Geelong and brand new Specialised Indoor Exercise and Sport Science Building in Burwood. You'll also graduate job-ready with 220 hours of practical experience via the Exercise Programming, and Exercise and Sports Science Practicum units. This level of industry experience goes beyond the minimum requirements of Exercise and Sports Science Australia (ESSA).

Professional recognition

All graduates are eligible to apply for accreditation with Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist (AES).

Regional and Remote Entry Scheme

At Deakin, we are committed to producing world-class exercise and sport science graduates across regional, rural and remote areas of Australia. The Regional and Remote Entry Scheme has a separate VTAC code offering an alternative entry pathway into this course at the Geelong Waurn Ponds Campus.

deakin.edu.au/health/regional-and-remote-entry-scheme



'My course has equipped me with the people skills that I need to work efficiently within the sports science industry. The practical experiences pushed me to communicate with people in a way that I could never before.'

Stephanie Della Penna
Bachelor of Exercise and Sport Science graduate

Careers

As well as typical roles in the sport, exercise, coaching and fitness industry, you may pursue employment in community health and wellness.

Upon graduating, you may find employment opportunities in:

- community sport organisations
- elite, professional sporting clubs
- large organisations in corporate health
- local and community sporting clubs
- local and state government agencies
- private health and recreation centres
- professional sporting bodies.

Further study pathways

This course provides a pathway to postgraduate study in areas such as applied sport science, clinical exercise physiology, physiotherapy, sport management, sport psychology and research.

You may also consider applying for further study to advance your career in the sport science industry. We offer:

- Bachelor of Exercise and Sport Science (Honours)
- Graduate Certificate of Performance Analysis
- Graduate Certificate of Strength and Conditioning
- Graduate Diploma of Applied Sport Science
- Master of Applied Sport Science
- Master of Clinical Exercise Physiology.

Work experience

With hands-on experience throughout this course, graduates hit the ground running. You will benefit from work experience placements in a variety of environments, such as AFL/VFL football clubs, Basketball Victoria, Cricket Victoria, Cycling Victoria, Football Federation Victoria, Tennis Australia, private strength and conditioning and high performance centres (including institutes of sport), recreational gyms, rehabilitation clinics, and many more.

The practical experience you'll complete is a core feature of this course, and it sets you apart from other graduates.

Majors

- Applied sport science
- Disability and inclusion
- Exercise physiology
- Family, society and health
- Health promotion
- Nutrition
- Physical activity and health
- Psychology
- Sport coaching
- Sports nutrition
- Strength and conditioning

#1 in Australia

Deakin's School of Exercise and Nutrition Sciences is the #1 ranked Sport Science School in Australia, for the third year running.

1 ShanghaiRanking's Global Ranking of Sport Science Schools and Departments 2016–2018.

Deakin code	S342	Cloud Campus	C
Course duration in years	3	Melbourne Burwood Campus	B
Trimester	T	Geelong Waterfront Campus	WF
		Geelong Waurn Ponds Campus	WP
		Warrnambool Campus	WB

Exercise and sport science bonuses

We offer the Elite Athlete Adjustment as an acknowledgement of the challenges that elite-level athletes face when studying at university while simultaneously participating at an elite level within their sport.

Available to eligible elite Year 12 student athletes, the Elite Athlete Adjustment gives you five bonus aggregate points towards your entry score for admission to our exercise and sport science courses.

We also offer the Regional and Remote Entry Scheme at our Geelong Waurn Ponds Campus (with separate VTAC codes) as an alternate entry for both the Bachelor of Exercise and Sport Science and the Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management). Eligible applicants can receive up to 10 bonus aggregate points towards their entry score for admission.

deakin.edu.au/regional-remote-sporting-bonuses

Course structure This 24-credit-point course consists of 16 core units and eight elective units.

	Trimester 1	Trimester 2
Year 1	Physical Activity and Exercise for Health Introduction to Anatomy and Physiology Human Growth, Development and Ageing for Exercise Scientists Elective	Functional Human Anatomy Essentials of Exercise Delivery Research Methods and Statistics in Exercise and Sport Elective
Year 2	Exercise Physiology Physical Activity Promotion and Evaluation Exercise Programming Elective	Biomechanics Motor Learning and Development Integrated Human Physiology Elective
Year 3	Exercise and Sports Science Practicum Clinical and Sport Biomechanics Elective x 2	Nutrition for Exercise Scientists Cognitive and Behavioural Aspects of Sport and Exercise Elective x 2

deakin.edu.au/course/bachelor-exercise-and-sport-science

1 Some units are available at Cloud Campus.
2 Individual units may not be available on every campus.
3 This course structure should be used as a guide only and advice should be sought when selecting units.
4 Academic Integrity (HAI018) and Exercise and Sport Laboratory Safety (HSE010) are compulsory 0-credit-point units that you must undertake as part of this course.

Useful websites

- Australian Institute of Sport sportaus.gov.au
- Australian Strength and Conditioning Association strengthandconditioning.org
- Exercise and Sports Science Australia (ESSA) essa.org.au
- Sport and Recreation Victoria sport.vic.gov.au
- Sports Medicine Australia sma.org.au
- VicHealth vichealth.vic.gov.au
- Victorian Institute of Sport vis.org.au
- School of Exercise and Nutrition Sciences deakin.edu.au/exercise-nutrition-sciences

Courses

Bachelor of Health and Physical Education

Develop the skills, knowledge and understanding to become a secondary school health and physical education teacher who makes a difference to every student. You'll learn how to create safe, inclusive and engaging learning environments to provide learning experiences that support lifelong health and physical activity.

You can choose a third teaching specialisation to gain a competitive advantage for employment, including:

- biology
- chemistry
- dance
- drama
- English
- history
- home economics
- mathematics

Professional recognition

Our education courses are accredited by the Victorian Institute of Teaching (VIT), meaning you'll graduate as a qualified educator. Students are eligible to apply for registration with VIT upon successful completion of this degree.

Careers

Graduate ready to take your career into teaching within the private, independent or public education sectors or in advisory roles. You can even work closely with sporting organisations.

Skills to get you a job

Gain a competitive edge in the workplace with real-world expertise and practical skills. Deakin is ranked the #1 university for both generic skills and good teaching in Victoria.

1 Graduate Outcomes Survey 2019.

Deakin code	S342	Cloud Campus	C
Course duration in years	3	Melbourne Burwood Campus	B
Trimester	T	Geelong Waterfront Campus	WF
		Geelong Waurn Ponds Campus	WP
		Warrnambool Campus	WB

Course structure

This 32-credit-point course consists of 26 core units, 4 credit points of discipline study units and 2 credit points of curriculum study units in the third teaching method.

	Trimester 1	Trimester 2
Year 1	Teacher – Learner Identity Health and Physical Education Studies Foundations of Sport and Exercise Pedagogy and Practice Discipline study in a 3rd teaching method area	Learning Teaching Communities The Art and Science of Movement Functional Human Anatomy Discipline study in a 3rd teaching method area
Year 2	Professional Experience in Health and Physical Education: Curriculum Study A Exercise Physiology Youth Health and Student Wellbeing Discipline study in a 3rd teaching method area	Understanding Learning, Learners and Classroom Relationships Biomechanics Motor Learning and Development Discipline study in a 3rd teaching method area
Year 3	Exercise Behaviour Applied Sports Science 1 Nutrition, Growth and Development for Health Educators Curriculum Study for 3rd Teaching Method 1	Teaching Sexuality and Relationships Education Health and Physical Education: Curriculum Study B Senior Physical Education: Curriculum Study Curriculum Study for 3rd Teaching Method 2
Year 4	Curriculum Assessment and Policy in Contemporary Schooling Approaches to Teaching Health and Physical Education Health: a Family and Community Focus Exercise Prescription for Fitness and Health	Professional Identity and Curriculum Work Professional Issues in Health and Physical Education Inclusivity and Diversity in HPE Movement Contexts Senior Health and Human Development: Curriculum Study

deakin.edu.au/course/bachelor-health-and-physical-education

As well as working as an educator, you may find yourself working in fields including:

- community programs
- government agencies
- human resource management
- private academies/agencies
- professional coaching
- sport management.

Professional experience

In all four years of this course, you'll undertake professional work placements – firstly in primary, then secondary school settings. This gives you the chance to apply your learning in a real-life teaching role in a supported manner. This course includes 80 days of supervised professional experience placements and students must successfully complete the Deakin Teaching Performance. A current Working with Children Check is required before beginning school experience.

1 This course structure should be used as a guide only and advice should be sought when selecting units.
2 Academic Integrity (AAI018) and Exercise and Sport Laboratory Safety (HSE010) are compulsory 0-credit-point units that you must undertake as part of this course.
3 Students are also required to complete two 0-credit-point units, ELN010 and ELN011, as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE), in order to graduate from their course.
4 Students must also complete an Emergency First Aid Certificate (Level 2) and AUSTSWIM qualifications prior to graduation.

Bachelor of Health Sciences

H300 C¹ B WP WB¹ 3 T1, T2, T3²

A rewarding career in a health-related field gives you the chance to reduce health disparity and to help people – whether in Australia or overseas – to lead fuller, healthier and happier lives.

As a Bachelor of Health Sciences graduate, you can be confident that you'll get a solid grounding in multiple fields of health sciences, and be prepared for a successful career in the fastest growing employment sector in Australia.

Careers

This flexible degree allows you to combine study areas that you're passionate about, and benefit from workplace learning to become a specialist in the booming health sector.

Depending on your majors, your health sciences degree can prepare you for work in the following roles and fields:

- community engagement officer
- disability support planner
- environmental and sustainability officer
- exercise specialist
- family/community/refugee/indigenous project officer
- food and nutrition policy developer
- food scientist
- health educator or counsellor
- health policy developer
- health promotion officer
- health and sports marketer or PR officer
- international aid worker
- lifestyle and wellness professional
- nutrition and health promotion coordinator
- policy adviser
- regional health service planner
- youth worker.

The health and human services sector is one of the largest and fastest growing industries in Australia and the world. With ageing populations and public health issues such as obesity and chronic illness on the rise, and with governments around the world increasing emphasis on disease prevention and treatment, employability in the sector is strong and continually increasing.

In Australia, the health and human services sector is projected to make the largest contribution to employment growth, increasing by 14.9% over the five years to May 2023.

You may choose to begin your studies with a Bachelor of Health Sciences to get a solid grounding in health sciences and explore your interest areas, then follow a pathway into psychology, nutrition, public health, sport, nursing and more. This will allow you to pursue further career opportunities in specialist fields.



Work experience

Enhance your employment prospects and consolidate your knowledge and skills through an industry placement unit. Depending on the major sequences and elective units you choose to study, this option may be available in the final year of your course.

Majors

- Disability and inclusion
- Environmental health
- Exercise science
- Family, society and health
- Food studies
- Health and sustainability
- Health promotion
- Medical biotechnology
- Nutrition
- Physical activity and health
- Psychological science
- Psychology for professional development

Course structure

This 24-credit-point course consists of six core units and at least two major sequences from an approved list. Students must complete at least 18 credit points offered by the Faculty of Health, at least 14 credit points at level 2 or 3 and at least 6 credit points at level 3.

	Trimester 1	Trimester 2
Year 1	Understanding Health Major sequence 1 Major sequence 2 Elective/major sequence 3	Health Information and Data Major sequence 1 Major sequence 2 Elective/major sequence 3
Year 2	Australian Health Care System Major sequence 1 Major sequence 2 Elective/major sequence 3	Population Health: A Research Perspective Major sequence 1 Major sequence 2 Elective/major sequence 3
Year 3	Program Planning, Management and Evaluation Major sequence 1 Major sequence 2 Elective/major sequence 3	Integrated Learning for Practice Major sequence 1 Major sequence 2 Elective/major sequence 3

deakin.edu.au/course/bachelor-health-sciences

1 Cloud Campus and Warrnambool Campus are not available to international students.
2 Trimester 3 is available at Melbourne Burwood Campus and Geelong Waurn Ponds Campus only. For international students, Melbourne Burwood Campus only.
3 Australian Government, Department of Jobs and Small Business, Australian Jobs 2019.
4 Cloud Campus students will be required to attend some campus-based activities.
5 Some units are available at Cloud Campus.
6 Individual units may not be available on every campus.
7 This course structure should be used as a guide only and advice should be sought when selecting units.
8 Academic Integrity (HAI010) is a compulsory 0-credit-point unit that you must undertake as part of this course.

Courses

Combined courses

A combined course (or double degree) in sport lets you pursue complementary areas and explore disciplines that are of particular interest to you. Combined courses let you complete two courses in as little as four years, which is quicker than completing one degree followed by the other.

Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management)

D394    T1, T2

Experience the synergy of sport science and the business of sporting organisations with Deakin's Bachelor of Exercise and Sport Science/Bachelor of Business (Sport Management). Gain the skills to improve the sporting performance and health of athletes and teams, as well as the expertise to become a professional leader in exercise and sport science in areas from strength and conditioning, to exercise physiology.

Professional recognition

Graduates are eligible to apply for accreditation with Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist (AES).¹

Regional and Remote Entry Scheme

At Deakin, we are committed to producing world-class exercise and sport science graduates across regional, rural and remote areas of Australia. The Regional and Remote Entry Scheme has a separate VTAC code offering an alternative entry pathway for this course at the Geelong Warrn Ponds Campus.

deakin.edu.au/health/regional-and-remote-entry-scheme

Careers

With this combined degree, you'll be equipped to provide professional leadership and contribute to the development of the Australian sporting industry. Career opportunities may include:

- business development manager
- elite coach
- sport/exercise scientist
- player manager/agent
- recreation officer
- sports administrator
- sports development officer
- sports event manager
- strength and conditioning coach.

Work experience






You will complete three compulsory placements comprising a minimum of 320 hours; two placements from the Bachelor of Exercise and Sport Science (minimum 220 hours) and one placement from the Bachelor of Business (Sport Management (minimum 100 hours)).

As part of the business (sport management) component of this degree, work integrated learning opportunities include business internships, community-based volunteering, industry-based learning and international study opportunities.

deakin.edu.au/business-wil

Course structure

This course consists of 32 credit points – 16 core units in the Bachelor of Exercise and Sport Science, 15 core units and one elective unit in the Bachelor of Business (Sport Management).

Deakin code	S342	Cloud Campus	
Course duration in years	3	Melbourne Burwood Campus	
Trimester	T	Geelong Waterfront Campus	
		Geelong Warrn Ponds Campus	
		Warrnambool Campus	

Bachelor of Health Sciences/Bachelor of Arts

D391     T1, T2, T3

Build a degree tailored to your specific interests with a Bachelor of Health Sciences/Bachelor of Arts. This flexible degree allows you to major in fields from both health sciences and arts, tapping into unique course combinations and career opportunities. You can build your course structure to hone in on whichever niche reflects your individual passions.

Course structure

This course consists of 32 credit points – 16 credit points from the Bachelor of Health Sciences and 16 credit points from the Bachelor of Arts.



A student monitors an athlete's performance at Deakin's world-class facilities.

Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science

D333   T1, T2

This combined course gives you the opportunity to study two complementary fields and understand how the whole athlete works, as well as the fuel required to enable them to perform at their best. Discover wide-ranging career opportunities when you combine a drive for exercise and sport with a passion for food and nutrition. You'll also have the opportunity to experience the field of nutrition science from an international perspective by choosing to undertake an elective study tour unit 'International Perspectives in Food and Nutrition'.

Professional recognition

Current students are eligible to apply for student membership with the Nutrition Society of Australia (NSA), and apply as an 'ordinary member' upon graduating.

Graduates are eligible to apply to become a Registered Associate Nutritionist with the:

- Nutrition Society of Australia
- Hong Kong Nutrition Association
- UK Association for Nutrition.

Graduates are eligible to apply for accreditation with Exercise and Sports Science Australia (ESSA) as an Accredited Exercise Scientist (AES).¹

Careers

As well as typical roles in the sport, exercise, coaching and fitness industries, you may pursue employment in:

- community health and wellness
- facility management
- rehabilitation
- sport science
- sports administration.

You may work in settings such as:

- community sport organisations
- elite, professional sporting clubs
- large organisations in corporate health
- local and community sporting clubs
- local and state government agencies
- private health and recreation centres
- professional sporting bodies.

You'll also be well prepared for a nutrition-focused career and can work in areas in the nutrition and food industry such as:

- community nutrition
- consumer education and awareness campaigns
- food analysis
- food laboratories and research institutes
- food manufacturing
- food policy and regulation
- food quality and safety

- food wholesale and retail
- health promotion
- individual and population health
- nutrition and agribusiness
- nutrition research and education
- product development
- public health nutrition
- sensory analysis.

Work experience

As a feature of this course you will complete 220 hours of practical experience in exercise and sport science.

Course structure

32 credit points – 16 exercise core units and 16 core units in nutrition (one HSN coded elective unit).

deakin.edu.au/course/bachelor-exercise-and-sport-science-bachelor-nutrition-science

Further study opportunities

This course can also act as a pathway into the Master of Dietetics (prerequisite subjects apply), if entry requirements are met.

¹ This course is currently not accredited with ESSA. However, graduates may still apply to ESSA to become an Accredited Exercise Scientist through the non-ESSA-Accredited Course application pathway. Please refer to essa.org.au for more information.
² Cloud Campus is not available to international students.

Course and entry requirements	Campus and ATAR	Course duration	Trimester intakes	Fee ¹
Bachelor of Business (Sport Management) M391 <div><div>Y12</div>² VCE units 3 and 4 – a study score of at least 20 in English other than EAL or 25 in English (EAL).</div> <div><div>NY12</div>³ As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/M391</div>	<div><div>C</div> NP</div> <div><div>B</div> 78.25</div>	3	T1, T2, T3 ⁴	\$10,569
Bachelor of Sport Development M320 <div><div>Y12</div>^{2,5} VCE units 3 and 4 – a study score of at least 20 in English other than EAL or 25 in English (EAL).</div> <div><div>NY12</div>^{3,5} As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/M320</div>	<div><div>B</div> 65.25</div>	3	T1	\$9476
Bachelor of Exercise and Sport Science H343 <div><div>Y12</div>², VCE units 3 and 4 – a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.</div> <div><div>NY12</div>^{3,5} As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/H343</div> <p>This course attracts an elite athlete adjustment on a sliding scale for those students defined as elite athletes. Elite athletes are defined in line with Deakin’s membership of the Elite Athlete Friendly University (EAFU) network. For more information visit deakin.edu.au/life-at-deakin/why-study-at-deakin/elite-athlete-program.</p> <p>The Bachelor of Exercise and Sport Science at the Geelong Waurrn Ponds Campus has a regional and remote entry scheme available through VTAC each year. This scheme is open to: current Year 12 students who are undertaking their final year of schooling at a regional or remote secondary school (as defined by the new ABS categories); current Year 12 students from schools in the Greater City of Geelong. Please note: The scheme is open to current Year 12 students only, applications via VTAC. Visit deakin.edu.au/health/regional-and-remote-entry-scheme for more information.</p>	<div><div>B</div> 70.00</div> <div><div>WP</div> 62.20</div> <div>Regional and remote entry scheme:</div> <div><div>WP</div> 55.85</div>	3	T1, T2	\$8242
Bachelor of Health and Physical Education^{6,7,8} E377 <div><div>Y12</div>^{2,5} VCE units 1 and 2 of general mathematics or maths: mathematical methods or maths: specialist mathematics, or units 3 and 4 of mathematics (any); and a study score of at least 25 in English other than EAL or 35 in English (EAL).</div> <div><div>NY12</div>^{3,5} As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/E377</div>	<div><div>B</div> 70.65 and RC</div> <div><div>WP</div> 75.00 and RC</div>	4	T1	\$7551
Bachelor of Health Sciences H300 <div><div>Y12</div>^{2,5} VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL).</div> <div><div>NY12</div>^{3,5} As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/H300</div>	<div><div>C</div>⁹ 59.75</div> <div><div>B</div> 60.50</div> <div><div>WP</div> 55.05</div> <div><div>WB</div>¹⁰ 59.15</div>	3	T1, T2, T3 ¹¹	\$8931
Bachelor of Exercise and Sport Science/ Bachelor of Business (Sport Management) D394 <div><div>Y12</div>^{2,5} VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL).</div> <div><div>NY12</div>^{3,5} As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D394</div> <p>This course attracts an elite athlete adjustment on a sliding scale for those students defined as elite athletes. Elite athletes are defined in line with Deakin’s membership of the Elite Athlete Friendly University (EAFU) network. For more information visit deakin.edu.au/life-at-deakin/why-study-at-deakin/elite-athlete-program.</p> <p>The Bachelor of Exercise and Sport Science at the Geelong Waurrn Ponds Campus has a regional and remote entry scheme available through VTAC each year. This scheme is open to: current Year 12 students who are undertaking their final year of schooling at a regional or remote secondary school (as defined by the new ABS categories); current Year 12 students from schools in the Greater City of Geelong. Please note: The scheme is open to current Year 12 students only, applications via VTAC. Visit deakin.edu.au/health/regional-and-remote-entry-scheme for more information.</p>	<div><div>B</div> 80.30</div> <div><div>WP</div> 69.25</div> <div>Regional and remote entry scheme:</div> <div><div>WP</div> 64.40</div>	4	T1, T2	\$9888
Bachelor of Health Sciences/Bachelor of Arts D391 <div><div>Y12</div>^{2,5} VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL).</div> <div><div>NY12</div>^{3,5} As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D391</div>	<div><div>C</div>⁹ NP</div> <div><div>B</div> 60.35</div>	4	T1, T2, T3	\$8285
Bachelor of Exercise and Sport Science/Bachelor of Nutrition Science D333 <div><div>Y12</div>^{2,5} VCE units 3 and 4 – a study score of at least 25 in English other than EAL or 30 in English (EAL).</div> <div><div>NY12</div>^{3,5} As for Year 12 or equivalent, for further information refer to deakin.edu.au/course/D333</div>	<div><div>B</div> 76.05</div>	4	T1, T2	\$9211

- 1

The 2020 indicative Commonwealth Supported Place (CSP) fee is based on a typical enrolment for an Australian domestic student enrolled in two trimesters of full-time study, or 8 credit points, unless otherwise indicated. This fee should be used as a guide only and is subject to change.

2

Recent secondary education applicants include current Year 12 students in 2020, as well as Year 12 graduates from 2019 and 2018.

3

There are four categories under which non-Year 12 applicants may apply to Deakin:
 - applicants with higher education study
 - applicants with Vocational Education and Training (VET) study
 - applicants with work and life experience
 - applicants who completed Year 12 in 2017 or earlier.Visit [deakin.edu.au/course](#) and head to the course of interest to find out further details on admission requirements.

4

For international students, Trimester 3 is only available at Cloud Campus.

5

International student entry requirements can be found at [deakin.edu.au/international-students](#).

6

Students are required to apply for a Working with Children Check before commencing school experience.
- 7

Students are also required to complete two 0-credit-point units, ELN010 and ELN011, as part of the Literacy and Numeracy Test for Initial Teacher Education (LANTITE), in order to graduate from their course.

8

Students applying to all initial teacher education courses are required to sit the CASPer test, a non-academic assessment. Please be advised the cost of the CASPer test is a responsibility borne by individual applicants. Deakin University will not be able to reimburse any test costs. Find out more at [deakin.edu.au/teaching](#).

9

Cloud Campus is not available to international students.

10

Warrnambool Campus is not available to international students for this course.

11

Melbourne Burwood Campus, Geelong Waurrn Campus and Cloud Campus only. For international students, Melbourne Burwood Campus only.
- NP means not published – less than five offers made to recent secondary education applicants.

RC means admission is based on a range of criteria.
- Recent secondary education

Y12

Non-Year 12

NY12
- Cloud Campus

C

Melbourne Burwood Campus

B

Geelong Waterfront Campus

WF

Geelong Waurrn Ponds Campus

WP

Warrnambool Campus

WB

this.

Advice for life, learning and career

Visit [this.deakin.edu.au](#) to help you reach your potential in Year 12 and beyond. Hear from academic experts, industry professionals and inspirational students.

Deakin understands that evidencing and articulating your capabilities is vital to gaining opportunities. Deakin Hallmarks are prestigious University awards that recognise students’ outstanding achievements and capabilities that are key to employment success. After graduating, they offer students the opportunity to differentiate themselves to employers. To find out more visit [deakin.edu.au/hallmarks](#), including how Hallmarks are awarded.

DEAKIN UNIVERSITY

COMMUNICATION

HALLMARK

Communication

DEAKIN UNIVERSITY

DIGITAL LITERACY

HALLMARK

Digital literacy

DEAKIN UNIVERSITY

TEAMWORK

HALLMARK

Teamwork

DEAKIN UNIVERSITY

CRITICAL THINKING

HALLMARK

Critical thinking

DEAKIN UNIVERSITY

PROBLEM SOLVING

HALLMARK

Problem solving

DEAKIN UNIVERSITY

SELF-MANAGEMENT

HALLMARK

Self management

DEAKIN UNIVERSITY

GLOBAL CITIZENSHIP

HALLMARK

Global citizenship

DEAKIN UNIVERSITY

CREATIVITY

HALLMARK

Creativity

DEAKIN UNIVERSITY

DIGITAL INNOVATION

HALLMARK

Digital innovation

DEAKIN UNIVERSITY

ENTREPRENEURIAL THINKING

HALLMARK

Entrepreneurial thinking

DEAKIN UNIVERSITY

LEADERSHIP

HALLMARK

Leadership

Contact us

We’re here to help

We have staff at each of our campuses who are more than happy to answer your general queries.

Prospective student enquiries

Domestic students
1800 693 888
myfuture@deakin.edu.au

International students
+61 3 9627 4877
study@deakin.edu.au

Discover Deakin

To stay up to date with all course information sessions and events for prospective undergraduate students, visit [deakin.edu.au/discover-deakin](#).

Social media at Deakin

- f

[facebook.com/DeakinUniversity](#)
- f

[facebook.com/DeakinBusinessSchool](#)
- f

[facebook.com/DeakinHealth](#)
- t

[twitter.com/Deakin](#)
- t

[twitter.com/DeakinBusiness](#)
- t

[twitter.com/DeakinHealth](#)
- ig

[instagram.com/DeakinUniversity](#)
- in

[Search Deakin University](#)

Other useful websites

[vtac.edu.au](#)
[studyassist.gov.au](#)
[myfuture.edu.au](#)
[youth.gov.au](#)
[youthcentral.vic.gov.au](#)

Course information evenings

Visit us on campus to find out more about your chosen course.
[deakin.edu.au/health/events](#)